



Forest Lake Christian School

Athletic Department

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Director of Athletics

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High School Sports Fee -
\$ 100

Agreement to Participate in Golf

Junior High Sports Fee -
\$ 50

Every sport has certain inherent risks, and regardless of the precautions taken, it is impossible to ensure the safety of the participant. Golf requires a high level of attentiveness and caution. It involves striking a hard ball with a metal club, sending the ball a long way. One has to be aware of who is on the course ahead and behind you. With proper precautions, one can remain reasonably safe.

Some hazards are the possibility of being struck by the ball or golf club. A variety of injuries may occur, including muscle strain, sprains, concussions, and dehydration. Serious and disabling injuries and even death may result from participation on Golf. It is not possible to list each specific risk.

To help reduce the chance of injury to yourself and other participants, the following safety rules need to be followed during practice and games. Participants will (1) be aware of their surroundings, (2) obey the rules of the sport, and (3) report all incidents that happen. I agree to report all discovered defects in the playing field.

I agree to follow the preceding safety rules as well as any others given by my coach. Further, I agree to immediately report any unsafe practices, conditions, or equipment to my coach. I also agree to report any injury to the coaching staff on the day that it occurs.

I have successfully completed the required health exam. I certify that (1) I am physically fit to participate in golf, (2) I understand that I am free to discontinue activity at any time I feel undue discomfort or stress, and (3) on the following lines is a complete list of any health-related conditions that might affect my ability to participate in golf: _____

I have read the preceding warning of risks, my coach has explained the hazards to me, and I have had the opportunity to ask questions concerning the safety risks involved in golf. Any questions I have asked have been answered to my complete satisfaction. I fully know, understand, and appreciate the risks inherent in golf, and I am voluntarily participating in this activity.

Participant Signature

Name (please print)

Parent/Guardian Signature

Date